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RVCN NEWSLETTER

Empowering Future Nurses through SBA and Safe Delivery App Training



R.V. College of Nursing organized two intensive training programmes on Skilled Birth Attendant (SBA) and Safe Delivery App & SBA Module during June 2026 for VII Semester B.Sc. Nursing students. The programmes focused on antenatal assessment, labour management, obstetric emergencies, neonatal resuscitation, postnatal care, and safe delivery practices. Through expert lectures, demonstrations, scenario-based learning, and OSCE stations, participants enhanced their clinical competencies, confidence, and preparedness to provide evidence-based maternal and newborn healthcare services.



Educational Visit to Aastrika Midwifery Centre: Exploring Contemporary Maternity Care Practices

As part of the clinical learning experience, nursing students visited Aastrika Midwifery Centre at Trustwell Hospitals, Bengaluru, on 19 June 2026. The visit provided valuable insights into mother-centered maternity care, water birth practices, labor pain management, and individualized intrapartum care. Students learned about natural birthing approaches, labor support techniques, the 1:1 midwifery care model, maternity packages, OPD services, and obstetric procedures, thereby enhancing their understanding of evidence-based maternal healthcare practices.



Nurses Beyond the Basics: Emergency and Critical Care Excellence in Nursing

The PG Students of R.V. College of Nursing, Bengaluru, organized a one-day workshop titled "Nurses Beyond the Basics – Emergency & Critical Care Excellence in Nursing" on 17 June 2026. The workshop, attended by 52 participants, focused on enhancing competencies in defibrillation, ventilator management, emergency drug preparation, airway management, and central line care. Expert-led sessions, hands-on skill stations, and simulation-based training significantly strengthened participants' knowledge, clinical skills, and confidence in providing safe, evidence-based emergency and critical care services.



FACULTY ACHIEVEMENT



Dr. Chetan Kumar, Department of Community Health Nursing, has successfully completed his Doctor of Philosophy (Ph.D.) under the esteemed Rajiv Gandhi University of Health Sciences in the specialty of Community Health Nursing. This remarkable academic accomplishment reflects his dedication to scholarly excellence, research, and professional advancement. The institution congratulates Dr. Chetan Kumar on this significant achievement and wishes him continued success in his future academic and research endeavours.

EXTRA CURRICULAR ACTIVITIES

World No Tobacco Day: Promoting Awareness for a Tobacco-Free Society

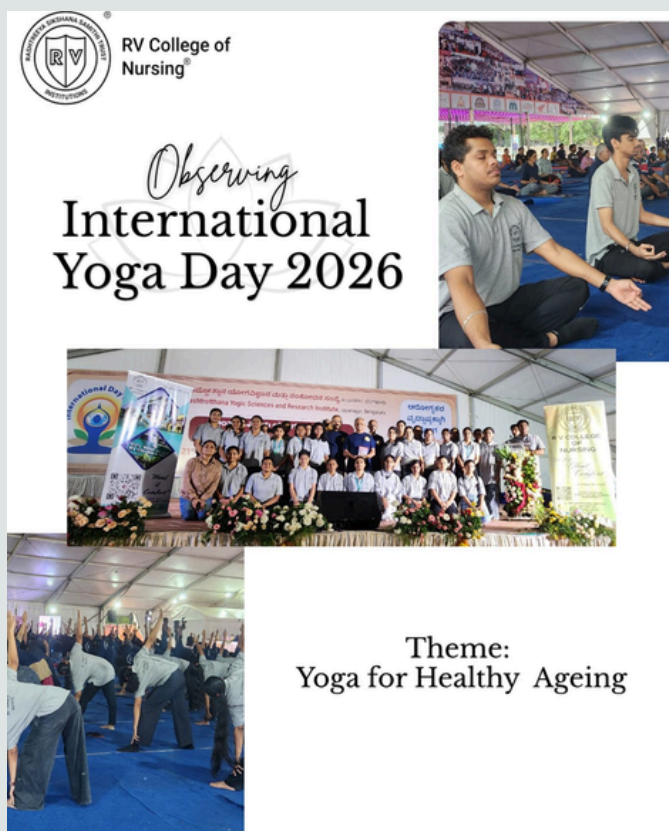


On May 31, 2026, RVCN's Mr. Naveen R. coordinated World No Tobacco Day events under the theme "Unmasking the Appeal." To combat nicotine addiction, 3rd-year B.Sc. Nursing students held an impactful rally and a flash mob in Kaggalipura, educating locals on tobacco risks. Concurrently, the Karnataka Cancer Society hosted competitions where final-year student Ms. Varshitha won 3rd prize in Digital Poster Presentation. The initiative successfully boosted public and student health awareness.

Placement Cell Initiative: Magic Bus Foundation Training Programme – "Connect with Work (CWW)"

As part of the Placement Cell activities, a 10-day training programme titled "Connect with Work (CWW)" was conducted in collaboration with the Magic Bus Foundation for final-year B.Sc. Nursing students from 2nd to 15th June 2026. The programme focused on enhancing employability through sessions on resume building, communication, soft skills, workplace readiness, interview techniques, and mock interviews, thereby strengthening students' confidence and career preparedness.





International Yoga Day 2026: Promoting Holistic Health and Well-being

On June 22, 2026, RV College of Nursing, with Rashthrothanna Yoga and Research Centre, held an International Yoga Day event from 6:00 to 7:30 AM. Designed for nursing students to counter academic and clinical burnout, the session featured Surya Namaskar, physical asanas, and breathwork to build resilience, reduce stress, and improve focus.

The initiative successfully promoted holistic self-care and mental clarity essential for high-pressure patient care, concluding with refreshments.

Theme:
Yoga for Healthy Ageing

NSS Volunteers Participate in Nasha Mukta Bharat Conclave 2026



On June 28, 2026, NSS volunteers from RVCN (1st Sem B.Sc. and 1st & 2nd Year M.Sc. Nursing) actively participated in the "Nasha Mukta Bharat Conclave" at Sree Kanteerava Stadium. Held in association with the Narcotics Control Bureau and Dishabodh Foundation, the event commemorated the RGUHS 31st Foundation Day and the International Day Against Drug Abuse. T

Capacity Building Programme on Osmosis by Elsevier

On June 23, 2026, RV College of Nursing held a training session on Osmosis by Elsevier. As a comprehensive health education platform, Osmosis simplifies complex medical and nursing topics through visual learning tools, active exam preparation, and performance tracking. The training empowered nursing students and faculty to utilize these digital resources effectively, enhancing classroom learning, exam readiness, and clinical understanding to support long-term academic success.

