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RV College of Nursing®

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September 2026

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RVCN NEWSLETTER
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RVCN NEWSLETTER

01 September 2026

"Learn . Lead . Care . Inspire"

A NEW BEGINNING: RVCN WELCOMES ITS 24TH BATCH OF FUTURE NURSES 2026-27



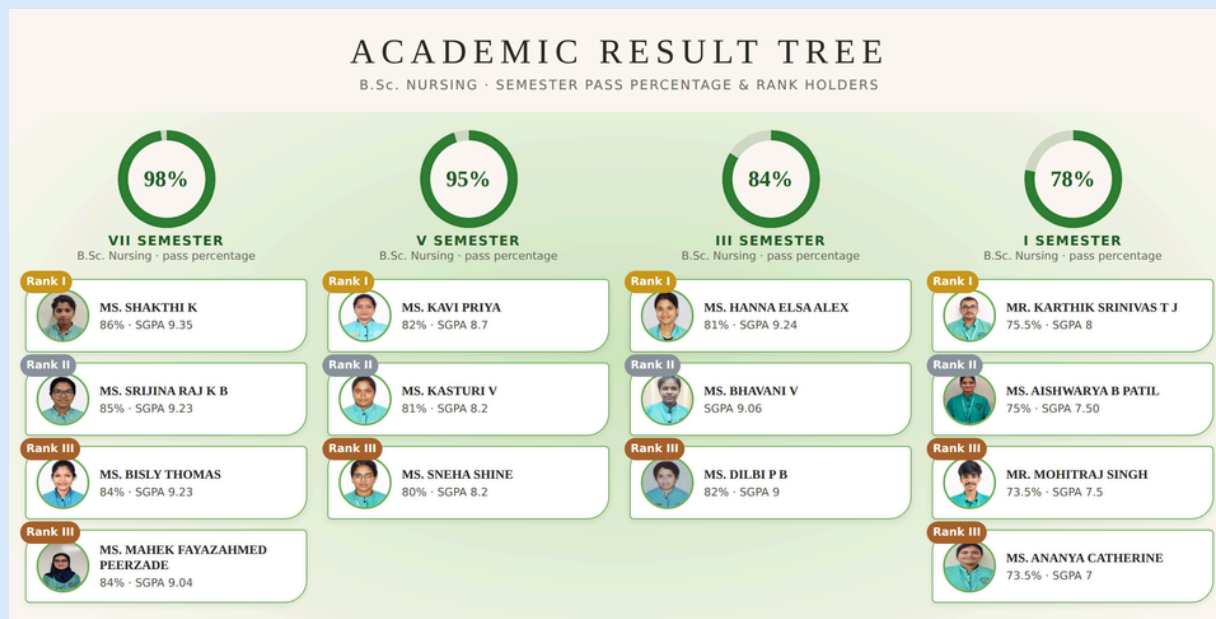
The Induction Programme for I Semester B.Sc. Nursing students was conducted on 03, 11, 12 and 14 September 2026 to facilitate a smooth transition into academic and professional nursing education. The programme included institutional orientation, inauguration, curriculum briefing, professional etiquette, rules and regulations, student support services and hostel orientation. Sessions on personality development, stress management, self-care, peer pressure, positive attitude, growth mindset and soft skills supported students' personal and professional development. Students were also introduced to the NSS, scholarship facilities, grievance redressal mechanisms and regulatory bodies including INC and KSNC.

The programme concluded with an educational visit to Aster RV Hospital, providing students with exposure to the clinical learning environment



ACADEMIC EXCELLENCE: RGUHS Examination– June 2026

R.V. College of Nursing proudly celebrates the academic achievements of its students in the RGUHS Examinations held in June 2026. The results reflect the students' dedication, perseverance and commitment to academic excellence, supported by the continuous guidance of the faculty and Management.



RVCN MILESTONE

“A Proud Milestone in Nursing Education – From Learning to Life-Saving Competence.”

R.V. College of Nursing proudly announces the publication of the BCLS (Basic Cardiac Life Support Training Module), marking a significant milestone in the institution's journey towards academic and professional excellence.

Title- BCLS Basic Cardiac Life Support Training Module

Authors- Dr.SR Gajendra Singh, Principal, RV College of Nursing, Bengaluru, Dr. Mamatha N, Professor HOD- Medical Surgical Nursing Department, RV College of Nursing, Bengaluru

Published by -Skill and Training Department, RV College of Nursing

ISBN- 978-81-180322-0-5



Nutrition Day 2026: Nourish to Flourish – Healthy Food, Healthy Life

Nutrition Day – 2026 was celebrated at the Nutrition Lab, RV College of Nursing, along with II Semester B.Sc. Nursing students under the theme “Nourish to Flourish: Healthy Food, Healthy Life.” Under the guidance of Ms. Savitha and Ms. Clarissa Dsouza, students prepared five special diets: weaning, diabetic, low-fat, high-fibre and renal diets. The activity provided hands-on experience in therapeutic diet preparation, healthy food choices and food safety practices. The Principal participated in the programme and appreciated the students’ efforts. The programme enhanced students’ nutritional knowledge, teamwork and practical skills, marking the beginning of Nutrition Week (1st–7th September 2026)

**10-09-2026****BREAKING THE SILENCE: WORLD SUICIDE PREVENTION DAY SPECIAL
PODCAST 2026**

R.V. College of Nursing commemorated World Suicide Prevention Day on 10th September 2026 through a special podcast featuring Dr. Sugami Ramesh, Consultant Clinical Psychologist, Apollo Hospitals, Bannerghatta Road, Bengaluru. Based on the global theme “Changing the Narrative on Suicide: Start the Conversation,” the podcast highlighted early warning signs, the importance of empathetic communication, and the need to overcome mental health stigma. Dr. Ramesh emphasized active listening, non-judgmental support, and timely professional intervention. The podcast encouraged open conversations about mental health and reinforced the importance of creating a compassionate and supportive environment for suicide prevention



TOGETHER FOR SAFE CARE – WORLD PATIENT SAFETY DAY 2026

World Patient Safety Day was observed on 17th September 2026 at the Burns Unit, BMCRI, Bengaluru, under the theme “Safe Care for Non-Communicable Diseases.” IV Semester B.Sc. Nursing students conducted an interactive role play and health education programme for patients, attendants and staff. Safety practices including hand hygiene, infection prevention, medication safety, fall prevention and safe burn care were highlighted. The programme reinforced the message that safe, quality and patient-centred care is everyone’s responsibility.



21-09-2026

RVCN OBSERVES WORLD ALZHEIMER’S DAY WITH AWARENESS PODCAST

World Alzheimer’s Day was observed through a special awareness podcast featuring Dr. H. S. Aditya, Psychiatrist, Manasa Neuro Psychiatric Hospital, Bengaluru. The session highlighted Alzheimer’s disease, its early signs, risk factors, preventive measures, and the importance of supportive care for individuals and their caregivers. The programme aimed to enhance awareness among students and the public and promote better understanding of the challenges associated with dementia. The podcast was recorded by the college media team for wider dissemination through the institution’s social media platforms.



BROADENING PROFESSIONAL PERSPECTIVES OBSERVATIONAL VISIT TO CMC VELLORE

The II Year M.Sc. Nursing students of R.V. College of Nursing, Bengaluru, undertook a three-day observational visit to the College of Nursing and Hospital, CMC Vellore, from 21–23 September 2026. The visit provided valuable exposure to nursing administration, community health services, educational innovations, simulation-based learning, specialized clinical departments, operation theatre practices, and quality management. Students interacted with experienced faculty and observed systematic clinical and administrative practices across the Town and Ranipet campuses. The visit enriched their professional knowledge, leadership perspectives, and understanding of evidence-based nursing practice, patient safety, and quality improvement, making it a highly meaningful learning experience.

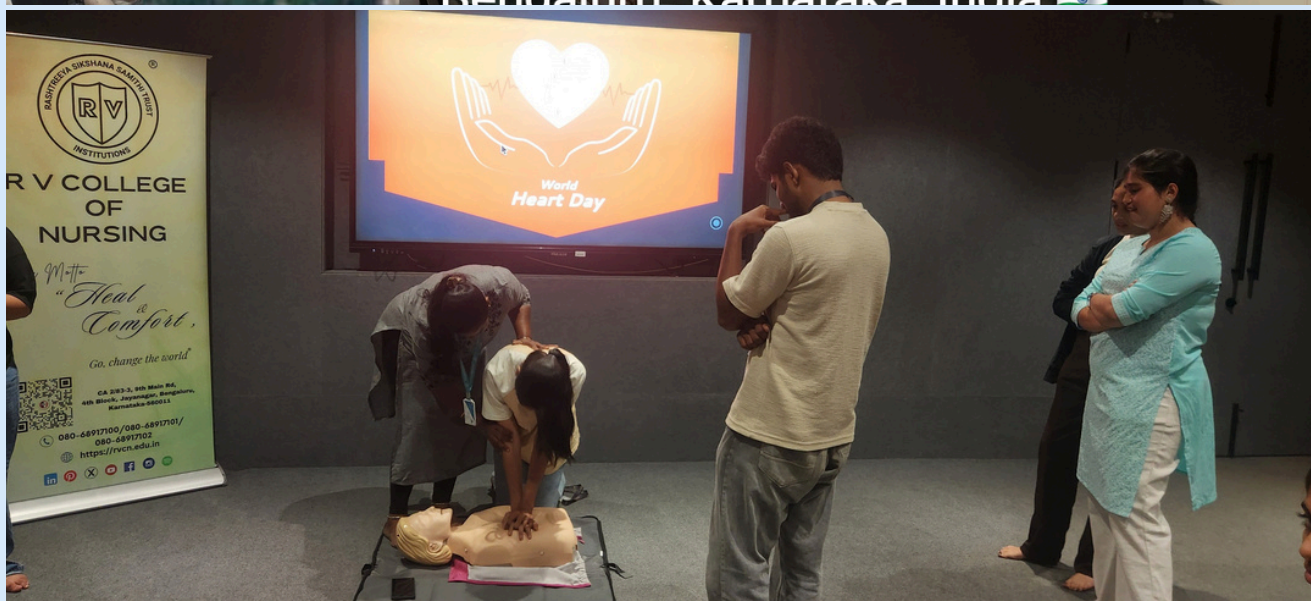


RVCN CREATES CARDIAC EMERGENCY AWARENESS ON WORLD HEART DAY

World Heart Day 2026 was observed by organizing a Basic Cardiopulmonary Life Support (BCLS) Awareness and Training Programme for approximately 160 students of RV Institute of Management and RV University – Allied Health Sciences. The programme focused on recognizing cardiac arrest, activating emergency response, performing high-quality chest compressions, and understanding the importance of Automated External Defibrillator (AED) use. Practical demonstrations enabled students to gain hands-on understanding of essential BCLS techniques and strengthened their confidence to respond effectively during cardiac emergencies. The programme highlighted the importance of early intervention and timely action, reinforcing the message that every second matters in saving a life.



Bengaluru, Karnataka, India 🇮🇳



Teacher's Day 2026 – Honouring Excellence & Inspiration

R.V. College of Nursing celebrated Teacher's Day on 5th September 2026, honouring distinguished nursing educators from across Karnataka. The programme was graced by Smt. K. Jyothi, IAS, Chief Guest, and Prof. M.Gurulingaiah, Guest of Honour. Four distinguished educators—Mrs.Gangabai B. Kulkarni, Dr. S. Bhaskara, Shri Alfred S.Potagoli and Sr. Rosamma Joseph—were felicitated for their contributions to nursing education. A key highlight was the release of the BCLS (Basic Cardiac Life Support) Training Manual by the dignitaries. The celebration reaffirmed RVCN's commitment to recognising educators and advancing excellence in nursing education.



A JOYFUL CELEBRATION OF TRADITION AND TOGETHERNESS

Gowri Habba and Ganesha Chaturthi Festival Celebration

R.V. College of Nursing celebrated the Ganesha and Gowri Festival on 19 September with great devotion and enthusiasm, bringing together B.Sc. and M.Sc. Nursing students and faculty members. The celebration featured traditional games, recreational activities, and an exciting mud-pot-breaking event, fostering cultural values and togetherness. Principal Dr. S. R. Gajendra Singh and faculty members encouraged the students' active participation. The festivities included a special lunch, a band performance, and concluded with Ganesha and Gowri Visarjana within the college campus, creating joyful and memorable moments for the RVCN family.



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24-09-2026

TEAMWORK, INCLUSION & SPORTSMANSHIP – RVCN AT KWPL

Students from R.V College of Nursing actively participated in Karnata Wheelchair premier league (KWPL) 2026 held from 24th to 27th September 2026 at VET Ground, JP Nagar, Bengaluru. Ten students from each batch participated in the event, demonstrating enthusiasm, teamwork, discipline, and active involvement throughout the programme. The event provided students with an opportunity to develop their team spirit, leadership qualities, communication skills, confidence, and sportsmanship. Their participation contributed to their overall personal development and encouraged a healthy balance between academic learning and extracurricular activities.

