RV College of Nursing®
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October 2026

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# RVCN NEWSLETTER

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R V College of Nursing, Jayanagar, Bangalore - 560 011

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# RVCN NEWSLETTER

*Learn • Lead • Inspire*

01-10-2026

## AGNI SHIKA YUVATI SAMMELAN

**The Agni Shika Yuvati Sammelan was conducted by ABVP at Yuvapatha, Jayanagar, Bengaluru, on 1st October 2026, with the participation of second-semester B.Sc. Nursing students from R.V. College of Nursing. The programme was inaugurated by Smt. Geetha Bharat Bhat, Television and Film Actress, with Smt. Sampoorna Gadad Chandrashekhar, Chairman and Managing Director of Sampoorna News, as the Chief Guest, and Kum. Ananya, Divisional Student Head, Bengaluru South Division. The session emphasized women's empowerment, education, self-confidence, awareness of opportunities and active participation in society. The programme motivated students to recognize their potential, pursue personal and professional growth, and contribute meaningfully to society.**






## SWACHHTA HI SEVA 2026 – CLEANLINESS DRIVE AND PUBLIC AWARENESS

**As part of Swachhta Hi Seva 2026, a cleanliness drive and public awareness programme were conducted at the Community Health Centre (CHC), Kaggalipura. The activities included cleaning the CHC premises, promoting proper waste segregation and disposal, and educating the public on personal hygiene, environmental cleanliness and infection prevention. The programme was supported by doctors, nursing officers, clinical instructors and students, who actively participated in the initiative. The activity emphasized community responsibility in maintaining hygienic surroundings and preventing health problems associated with improper waste disposal. The programme successfully reinforced the importance of cleanliness, responsible waste management and community participation in promoting a healthy environment.**






5-10-2026 To 15-10-2026

## SOFT SKILLS TRAINING – EMPOWERING FUTURE NURSING PROFESSIONALS

**R. V. College of Nursing, Bengaluru, organized a soft skills training programme for IV Semester B.Sc. Nursing students from 5 to 15 October 2026, in collaboration with Magic Bus India (NGO). The sessions were facilitated by Ms. Noor Hajira, Psychologist, Magic Bus India. The programme focused on professional etiquette, effective communication, public speaking, time management, critical thinking, decision-making, teamwork, workplace ethics, digital literacy and interview preparation. Interactive activities, including SWOT analysis, "Walking in Others' Shoes," tower building, Chinese whisper, non-dominant hand writing and self-description, promoted self-awareness, empathy, creativity, adaptability and collaboration. The training enhanced students' confidence, interpersonal skills and professional behaviour, preparing them to communicate effectively, work collaboratively and provide compassionate, patient-centred nursing care.**







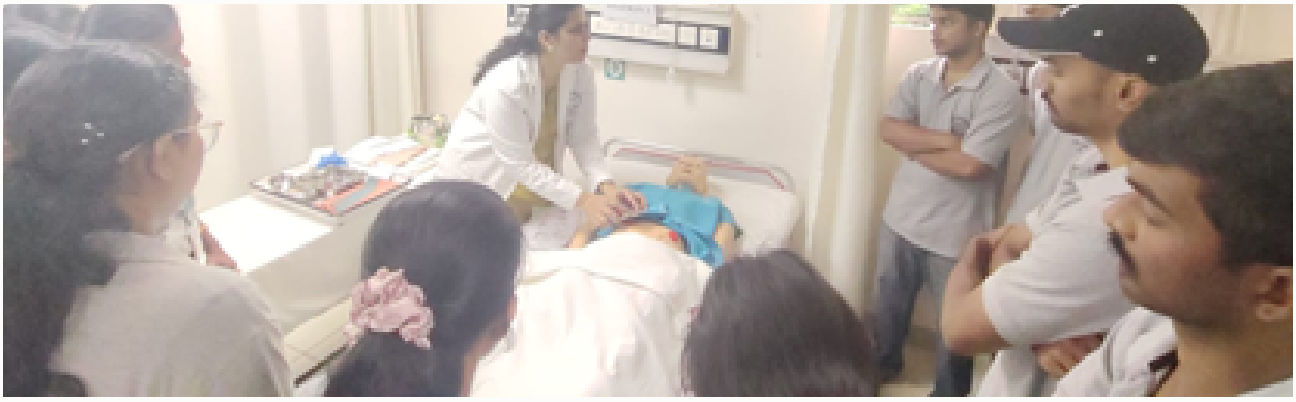
09-10-2026

## PALLIATIVE CARE MODULE – PROMOTING COMPASSIONATE AND HOLISTIC CARE

**R. V. College of Nursing, Bengaluru, conducted a one-day Palliative Care Module on 9 October 2026 at the College Auditorium and Advanced Skill Lab to enhance students' knowledge and practical competencies in caring for patients with life-limiting conditions. The programme covered introduction to palliative care, ethics in end-of-life care, therapeutic communication, nursing procedures, and pain assessment and management. Dr. Yadhuraj Gowda, Head of the Department of Pain and Palliative Medicine, KIDWAI, delivered an expert session on pain management. Faculty-led presentations and hands-on skill stations provided students with practical learning opportunities. The programme reinforced the importance of ethical decision-making, effective communication and compassionate, dignified care for patients and their families.**







09-10-2026

## RGUHS BANGALORE SOUTH ZONE INTER-COLLEGIATE FOOTBALL TOURNAMENT 2026–27

**Students of R. V. College of Nursing, Bengaluru, participated in the RGUHS Bangalore South Zone Inter-Collegiate Football (Men's) Tournament for the academic year 2026–27, held at the BGS and SJB Grounds, Bengaluru. The tournament provided an opportunity for students to demonstrate their football skills, teamwork, sportsmanship and competitive spirit while interacting with students from other colleges. Their participation reflected the institution's commitment to promoting physical fitness, extracurricular engagement and holistic student development.**




12-10-2026 To 16-10-2026

## NURTURING FUTURE LEADERSHIP PROGRAMME (NFLP 4.0) 2026

**The Nurturing Future Leadership Programme (NFLP 4.0) – Batch 4, organised by RV University, was conducted from 12 to 16 October 2026 at Minerva, RSST Building, Jayanagar, Bengaluru. Dr. Chetan Kumar, Head of the Department of Community Health Nursing, R. V. College of Nursing, participated in this five-day leadership development programme designed for faculty members and senior administrative staff. The programme focused on leadership skills, administrative competence, emotional intelligence, ethical decision-making and stakeholder management through interactive lectures, case studies, group activities and experiential learning. The sessions explored self-awareness, feedback management, team leadership, influencing skills, strategic planning and the transition from academic roles to administrative leadership. The programme provided valuable insights into collaborative decision-making, shared governance and institutional development, emphasising the importance of effective and responsible leadership in higher education.**





13-10-2026 & 14-10-2026

## PAEDIATRIC TRAINING MODULE – STRENGTHENING NEWBORN AND CHILD CARE

**A two-day Paediatric Training Module was conducted on 13 and 14 October 2026, covering Facility-Based Newborn Care (FBNBC), Essential Newborn Care (ENBC), Integrated Management of Neonatal and Childhood Illness (IMNCI), and Paediatric Life Support (PLS). The training focused on immediate newborn care, thermal protection, early breastfeeding, newborn assessment, Kangaroo Mother Care (KMC), and appropriate feeding practices. Participants also received training in Emergency Triage Assessment and Treatment (ETAT), newborn resuscitation, management of choking, and paediatric cardiopulmonary emergencies. Dr. Sangeeta Budur and her team led the Paediatric Life Support session. Infection prevention and control practices were emphasised throughout the programme to promote safe, evidence-based care. The training strengthened participants' knowledge and skills in providing comprehensive newborn and paediatric care, including timely recognition of emergencies and life-saving interventions.**










15-10-2026

## WORLD MENTAL HEALTH DAY OBSERVANCE-2026

**R. V. College of Nursing observed World Mental Health Day on 15 October 2026 through a mental health awareness programme coordinated by Mrs. Meera Chandran, HOD, Mental Health Nursing. Dr. H. S. Aditya, Psychiatrist, Manasa Neuro Psychiatric Hospital, Bengaluru, delivered an awareness session on mental health conditions, prevention, appropriate care and the importance of family support. Dr. Mamatha Nischal, PG Coordinator, highlighted the theme "Lived Experiences Heard: Real Voices, Real Change," emphasising the importance of listening to individuals with mental health conditions, reducing stigma and promoting empathy. The programme enhanced students' and faculty members' awareness of mental well-being and reinforced the importance of compassionate, supportive and non-judgmental care.**






16-10-2026

## WORLD RESTART A HEART DAY – CPR AWARENESS AND TRAINING

**R. V. College of Nursing, Bengaluru, conducted a Cardiopulmonary Resuscitation (CPR) awareness and training programme at BMTC depots in HSR Layout, Shanthi Nagar and Koramangala, reaching approximately 250 BMTC employees. Under the guidance of Dr. Gajendra Singh, Principal, faculty members, the media team and second-year postgraduate nursing students conducted sessions on recognizing cardiac arrest, basic life support and the importance of timely intervention. Participants received hands-on training using CPR mannequins to practise chest compressions and learn essential emergency response techniques. The programme received a positive response and strengthened community awareness of life-saving skills, contributing towards a safer public transport environment.**

















16-10-2026

## INTERNATIONAL INFECTION PREVENTION AND CONTROL PROGRAMME

**We organised an International Infection Prevention and Control Programme at the RVCP Auditorium on 16 October 2026 under the theme "Generations of Infection Prevention – Past. Present. Protected." The programme was conducted for I and IV Semester B.Sc. Nursing students and I Year M.Sc. Nursing students, with resource persons Dr. Shruthi and Mr. Ashraf Sali from Aster RV Hospital. The session focused on hand hygiene, personal protective equipment (PPE), standard precautions, biomedical waste management, safe injection practices, sterilisation and prevention of healthcare-associated infections. The programme enhanced students' understanding of infection control measures and reinforced their responsibility in ensuring patient safety and maintaining a safe healthcare environment.**






27-10-2026

## SAFE BIRTH ATTENDANT (SBA) MODULE TRAINING PROGRAMME

*Strengthening Competency in Safe and Evidence-Based Maternal and Newborn Care*

**The Department of Midwifery and Obstetrical Nursing I & II, R. V. College of Nursing, Bengaluru, organised a one-day Safe Birth Attendant (SBA) Module Training Programme on 27 October 2026 at the college auditorium for VIII Semester B.Sc. Nursing students from SDS TRC and RGICD College of Nursing. The programme featured expert-led sessions and demonstrations on antenatal assessment, obstetrical examination, normal labour and safe childbirth, postnatal assessment, placental examination, immediate newborn care, and the early recognition and initial management of postpartum haemorrhage (PPH) and pre-eclampsia. Resource persons included faculty members and experts from R. V. College of Nursing and Sri Shankara College of Nursing. Pre-test and post-test assessments were conducted to evaluate learning. The programme strengthened students' understanding of essential midwifery competencies and emphasised systematic assessment, timely intervention and evidence-based practices to promote safe maternal and newborn outcomes**



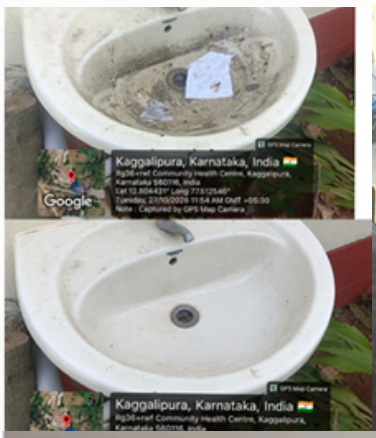



27-10-2026

## KAYAKALP DAY 2026 – PROMOTING CLEANLINESS, HYGIENE AND SANITATION

**R. V. College of Nursing observed Kayakalp Day 2026 on 27 October 2026 through a series of cleanliness, sanitation and health awareness activities across the college campus, girls' hostel and nearby communities. Activities included campus cleaning, handwashing demonstrations, infection prevention awareness, biomedical and general waste segregation, hostel hygiene inspections, safe drinking water and food hygiene assessments, and community awareness programmes at Kaggalipura and Yelachenahalli. Health education pamphlets were distributed, and awareness was created on personal hygiene, mosquito breeding prevention and environmental sanitation. A Scientific Session on Sanitation and Hygiene was conducted by Dr. Madhu Sudhan H. N., Medical Officer, Jayanagar Zone, Greater Bengaluru Authority (GBA), following the inaugural address by Dr. S. R. Gajendra Singh, Principal, RVCN. The programme reinforced the importance of cleanliness, responsible waste management, infection prevention and community participation in creating a safe and healthy environment**










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## WORLD STROKE DAY 2026 EVERY MINUTE COUNTS – ACT FAST, SAVE A LIFE

**R.V. College of Nursing observed World Stroke Day 2026 through a health awareness and role-play programme at SevaKshetra Hospital (29th October) and Sevak Sharma Hospital (30th October). The programme was conducted by 2nd Semester B.Sc. Nursing students for patients, attendants and the general public, highlighting the theme "Every Minute Counts – Act FAST, Save a Life."Students educated the public on stroke, its risk factors, warning signs and preventive measures, emphasizing the FAST approach – Face Drooping, Arm Weakness, Speech Difficulty and Time to Call Emergency Services. An educational role play demonstrated the early recognition of stroke symptoms and the importance of seeking immediate medical attention. The programme effectively enhanced public awareness about stroke prevention and timely intervention, reinforcing the message that every minute matters in saving lives and preventing long-term disability.**









